



# COMMUNITY

## Education Program

Fall & Winter 2022-2023



### Sports & Fitness

#### Basketball For Adults

Calling all basketball players for recreational play. New pickup teams compete each week in "call your own rules" play. INST: ANDREW THOMPSON

➤ **SP13F** - We, 9/21-11/30 (NC: 10/5, 10/12, 11/23)  
➤ PB/Gym 7-9 pm  
➤ Fee: \$83

➤ **SP13W** - We, 1/11-2/8  
➤ PB/Gym 7-9 pm  
➤ Fee: \$66

#### Golf For Adults

Learn the basics of golf - iron play, wood play, chipping and putting, rules of play & golf terminology. There is a \$12 fee for a bucket of balls paid to Freddy Hill daily. Clubs available. Limited enrollment. INST: MIKE DAVIS

➤ **SP28F.1** - Tu, 9/13-10/4  
➤ **SP28F.2** - Th, 9/15-10/6  
➤ Freddy Hill Fun Center 5:45-6:45 pm  
➤ Fee: \$45

#### Indoor Soccer For Adults

Friendly co-ed soccer, 5v5 and 6v6. All skill levels welcome. INST: KEVIN SMITH

➤ **SP12F.1** - Mo, 9/19-11/28 (NC: 9/26, 10/24, 11/7)  
➤ **SP12F.2** - We, 9/21-11/30 (NC: 10/5, 10/12, 11/23)  
➤ PF/Gym 7-8:30 pm  
➤ Fee: \$73

➤ **SP12F.3** - Mo/We, 9/19-11/30 (NC: 9/26, 10/5, 10/12, 10/24, 11/7, 11/23)  
➤ PF/Gym 7-8:30 pm  
➤ Fee: \$132

➤ **SP12W.1** - Mo, 1/9-2/13 (NC: 1/16)  
➤ **SP12W.2** - We, 1/11-2/8  
➤ PF/Gym 7-9 pm  
➤ Fee: \$58

#### THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH THE INDIAN VALLEY AND/OR THE LANSDALE YMCA

#### AOA Ball Stability

Focus on balance and core strengthening. Chair may be used.

➤ **SP89F** - Mo, 9/26-11/14 10:45-11:30 am  
➤ Indian Valley YMCA Fee: \$54/GC: \$27

➤ **SP89W** - Mo, 1/9-2/13 10:45-11:30 am  
➤ Indian Valley YMCA Fee: \$50/GC: \$25

#### AOA Body Toning

Incorporates weights, balls, elastic bands and other equipment with cardiorespiratory fitness and core exercise to strengthen the entire body. Involves prolonged standing and some floor work.

➤ **SP30F.1** - Tu, 9/20-10/25 10:30-11:20 am  
➤ **SP30F.2** - Tu, 11/1-12/6 10:30-11:20 am  
➤ **SP30W.1** - Tu, 1/10-2/14 10:30-11:20 am  
➤ Lansdale YMCA Fee: \$54/GC: \$27

#### AOA Cardio Tone

Standing, low-impact choreography alternated with standing upper body strength work with hand-held weights, elastic tubing with handles and a ball. A chair may be used for standing support.

➤ **SP96F.1** - Th, 9/29-11/17 9:30-10:15 am  
➤ Indian Valley YMCA Fee: \$54/GC: \$27

➤ **SP96W.1** - Th, 1/12-2/16 9:30-10:15 am  
➤ Indian Valley YMCA Fee: \$50/GC: \$25

#### AOA Zumba Gold

Lower intensity yoga designed with easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

➤ **SP35F** - Tu, 9/27-11/15 9:30-10:15 am  
➤ Indian Valley YMCA Fee: \$54/GC: \$27

➤ **SP35W** - Tu, 1/10-2/14 9:30-10:15 am  
➤ Indian Valley YMCA Fee: \$50/GC: \$25

#### Body Pump®

Body Pump is the original barbell workout for anyone looking to get lean, toned and fit - fast.

➤ **SP21F.2** - We, 9/21-10/26 9:30-10:30 am  
➤ **SP21F.4** - We, 11/2-12/7 9:30-10:30 am  
➤ **SP21W.3** - We, 1/11-2/15 9:30-10:30 am  
➤ Lansdale YMCA Fee: \$54/GC: \$27

➤ **SP21F.1** - Tu, 9/27-11/15 6-7 pm  
➤ **SP21F.3** - Th, 9/29-11/17 6-7 pm  
➤ Indian Valley YMCA Fee: \$60/GC: \$30

➤ **SP21W.1** - Th, 1/12-2/16 6-7 pm  
➤ Indian Valley YMCA Fee: \$54/GC: \$27

#### Bodybalance™ - NEW

All level yoga-based class that improves your mind, body and life with an inspired soundtrack plays as you bend and stretch through a series of simple yoga moves and embrace elements of Tai Chi and Pilates.

➤ **SP102F.1** - We 9/28-11/16 6-7 pm  
➤ **SP102F.2** - Sa 10/1-11/19 9:15-10:15 am  
➤ Indian Valley YMCA Fee: \$60/GC: \$30

➤ **SP102W.1** - We 1/11-2/15 6-7 pm  
➤ **SP102W.2** - Sa 1/14-2/18 9:15-10:15 am  
➤ Indian Valley YMCA Fee: \$54/GC: \$27

#### Cardio Kickboxing

A form of martial arts that involves punches and kicks at four contact points; the two hands and feet. Cardio kickboxing is a good form of cardiovascular exercise and has been shown to improve participants VO2 max and decrease resting heart rate.

➤ **SP81F.1** - We 9/28-11/16 8:15-9:15 am  
➤ **SP81F.2** - Sa 10/1-11/19 10:30-11:15 am  
➤ Indian Valley YMCA Fee: \$60/GC: \$30

➤ **SP81W.1** - We 1/11-2/15 8:15-9:15 am  
➤ **SP81W.2** - Sa 1/14-2/18 10:30-11:15 am  
➤ Indian Valley YMCA Fee: \$54/GC: \$27

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www.northpenncep.org



# Sports & Fitness

Continued

## Fast & Furious (INT/ADV)

Boot camp style class that includes high energy cardio intervals mixed with strength training exercises.

- > SP86F.1 - Sa, 9/24-10/29 > 10-11 am
- > SP86F.2 - Sa 11/5-12/10 > 10-11 am
- > SP86W.1 - Sa 1/14-2/18 > 10-11 am
- > Lansdale YMCA > Fee: \$54/GC: \$27

## Gentle Yoga

This class begins with breath work to warm up the body and settle the mind, then will move into mindful movements, balancing and stretching, ending with a little time to yourself. Bring a well-cushioned mat and wear comfortable clothing.

- > SP103F.1 - We, 9/28-11/16 > 12-12:45 pm
- > SP103F.2 - Su, 9/25-11/13 > 11:45am -12:45 pm
- > SP103W.1 - We, 1/11-2/15 > 12-12:45 pm
- > SP103W.2 - Su, 1/8-2/12 > 11:45am -12:45 pm
- > Indian Valley YMCA > Fee: \$54/GC: \$27

## HIIT (INT/ADV)

HIIT is a rigorous interval training sequence with high intensity exercises. HIIT gets and keeps your heart rate up and burns more fat in less time. This is a total body workout with lots of burn.

- > SP105F.1 - Tu, 9/20-10/25 > 6:30-7:25 pm
- > SP105W.1 - Tu, 1/10-2/14 > 6:30-7:25 pm
- > Lansdale YMCA > Fee: \$54/GC: \$27

## Indoor Cycling

Workout on stationary bikes, climb hills, sprint and race in a group setting. New riders and cycling enthusiasts are welcome.

- > SP29F.1 - Sa, 10/1-11/19 > 9:15-10:15 am
- > SP29F.2 - Su, 9/25-11/13 > 10:15-11:15 am
- > SP29W.1 - Sa, 1/7-2/11 > 9:15-10:15 am
- > SP29W.2 - Su, 1/8-2/12 > 10:15-11:15 am
- > Indian Valley YMCA > Fee: \$54/GC: \$27

## Indoor Cycling -RPM™

Fun, athletic, cardiovascular cycling workout. Set to a jamming soundtrack known as the "rock concert on wheels", this is good for all fitness levels.

- > SP85F.1 - Fr, 9/30-11/18 > 9-10 am
- > Indian Valley YMCA > Fee: \$60/GC: \$30
- > SP29W.1 - Fr, 1/13-2/17 > 9-10 am
- > Indian Valley YMCA > Fee: \$54/GC: \$27

## Pickleball (ages 25+)

Learn the fundamentals in step-by-step lessons. This combination of table tennis, badminton and tennis will get you up and moving while having fun. Bring your equipment if you have it.

- > SP100F.1 - Tu 9/27-11/15 > 12-1:30 pm
- > SP100F.2 - Th 9/29-11/17 > 12-1:30 pm
- > SP100W.1 - Tu 1/10-2/14 > 12-1:30 pm
- > SP100W.2 - Th 1/12-2/16 > 12-1:30 pm
- > Indian Valley YMCA > Fee: \$88/GC: \$44

## Pilates

Stretch, strengthen and lengthen your entire body with the main focus being on the "core" abs and back. All levels are welcome.

- > SP20F.1 - Mo 9/19-10/24 > 11:30 am-12:20 pm
- > SP20F.2 - Mo 10/31-12/5 > 11:30 am-12:20 pm
- > SP20F.3 - Th 9/22-10/27 > 6-6:55 pm
- > SP20F.4 - Th 11/3-12/8 > 6-6:55 pm
- > SP20W.1 - Mo 1/9-2/13 > 11:30 am-12:20 pm
- > SP20W.2 - Th 1/12-2/16 > 6-6:55 pm
- > Lansdale YMCA > Fee: \$54/GC: \$27

## Pure Strength

Designed to build strength, add definition, increase your bone density and decrease your body fat by increasing your lean muscle.

- > SP84F.1 - Th, 9/22-10/27 > 10:30-11:20 am
- > SP48F.2 - Th 11/3-12/8 > 10:30-11:20 am
- > SP48W.1 - Th 1/12-2/16 > 10:30-11:20 am
- > Lansdale YMCA > Fee: \$54/GC: \$27

## STRONG

A challenging, High Intensive Interval Training (HIIT) workout class. The music in STRONG is crafted to drive the intensity in a challenging progression that provides a total body workout. This class will push you past your plateaus to help you reach your fitness goals faster. Using your own body weight, you will gain muscular endurance, tone, and definition and you will experience an increased afterburn.

- > SP83F.1 - Mo, 9/19-10/24 > 9:30-10:20 am
- > SP83F.2 - Mo, 10/31-12/5 > 9:30-10:20 am
- > SP83W.1 - Mo, 1/9-2/13 > 9:30-10:20 am
- > Lansdale YMCA > Fee: \$54/GC: \$27

## Tai Chi

Gentle physical exercises and stretches. Each posture flows into the next without pause, ensuring that your body is in constant motion. Tai Chi is one of the most effective exercises for health of mind and uses slow movements and deep breaths.

- > SP22F.1 - We 9/21-10/26 > 11:30 am-12:20 pm
- > SP22F.2 - Sa 9/24-10/29 > 11 am-11:50 pm
- > SP22F.3 - We 11/2-12/7 > 11:30 am-12:20 pm
- > SP22F.4 - Sa 11/5-12/10 > 11 am-11:50 pm
- > SP22W.1 - We 1/11-2/15 > 11:30 am-12:20 pm
- > SP22W.2 - Sa 1/7-2/11 > 11 am-11:50 pm
- > Lansdale YMCA > Fee: \$54/GC: \$27

## Walking to the Oldies

Join a walking workout to the music of the 60's, 70's and 80's. This is a safe alternative to walking outside led by a group exercise instructor. Weight bearing and balancing exercises also incorporated.

- > SP101F.1 - Fr, 9/30-11/18 > 8-8:45 am
- > Indian Valley YMCA > Fee: \$60/GC: \$30
- > SP101W.1 - Fr, 1/13-2/17 > 8-8:45 am
- > Indian Valley YMCA > Fee: \$54/GC: \$27

## Yoga

Yoga is mind and body practice. Learn various styles of yoga combining fast and slow rhythms that tone and sculpt the body. Bring a well-cushioned mat and wear comfortable clothing.

- > SP77F.1 - Su, 9/25-10/30 > 10-11 am
- > SP77F.2 - Su, 11/6-12/11 > 10-11 am
- > SP77W.1 - Su, 1/8-2/12 > 10-11 am
- > Lansdale YMCA > Fee: \$54/GC: \$27

## Yoga-Hatha

Learn the benefits of gentle yet complete postures (stretches). Breathing techniques and relaxation/visualization suggestions will be offered to enhance the mind, body and spirit connection. Bring a well-cushioned mat and wear comfortable clothing.

- > SP17F.1 - Fr, 9/23-10/28 > 10:30-11:20 am
- > SP17F.2 - Fr, 11/4-12/9 > 10:30-11:20 am
- > SP17W.1 - Fr, 1/6-2/17 > 10:30-11:20 am
- > Lansdale YMCA > Fee: \$54/GC: \$27
- > SP17F.3 - Mo, 9/26-11/4 > 6-7 pm
- > Indian Valley YMCA > Fee: \$60/GC: \$30

## Zumba with Toning

Zumba is a fusion of Latin and International music combining fast and slow rhythms that tone and sculpt the body.

- > SP104F.1 - We, 9/21-10/26 > 10:30-11:25 am
- > SP104F.2 - We, 11/2-12/7 > 10:30-11:25 am
- > SP104W.1 - We, 1/11-2/15 > 10:30-11:25 am
- > Lansdale YMCA > Fee: \$60/GC: \$30
- > SP104W.2 - Tu, 1/10-2/14 > 10:30-11:25 am
- > Indian Valley YMCA > Fee: \$54/GC: \$27



# Aquatics

**FALL 2022 NORTH PENN AQUATICS  
LEARN-TO-SWIM LESSONS  
WILL BE POSTED ON**

[www.npenn.org/aquatics](http://www.npenn.org/aquatics)  
[www.teamunify.com/manpac](http://www.teamunify.com/manpac)



[www.northpenncep.org](http://www.northpenncep.org)



# Just For Kids

## Field Hockey Clinic (Grades K-9)

Instruction and activities are designed for all skill levels. Learn offensive and defensive strategies, ball control skills, passing and receiving, and ways to improve your game. Players will work with NP high school coaches and players. Bring a stick, mouth guard, shin guards, and water. Newcomers are welcome. Field hockey sticks are available to borrow for clinic. Goalies welcome, but will need to bring their own equipment.

INST: SHANNON MCCrackEN

➤ **KD50F.1 (Grades K-6)** - Sa, 10/1

➤ NPHS/Turf Field ➤ 8:30-10 am

➤ **Fee: \$30**

➤ **KD50F.2 (Grades 7-9)** - Sa, 10/1

➤ NPHS/Turf Field ➤ 10:30 am-12:30 pm

➤ **Fee: \$30**

## Junior Golf (Ages 7-12)

Learn the basics of the golf swing, iron play, wood play, chipping and putting, rules of play and golf terminology. There is a \$12 fee for a bucket of balls paid to Freddy Hill daily. Clubs available.

INST: MIKE DAVIS

➤ **KD54F** - Sa, 9/17-10/8

➤ Freddy Hill Fun Center ➤ 2-3 pm

➤ **Fee: \$45**

## Cheerleading Clinic (Grades K-6)

Join NP Cheerleading during a clinic to learn sideline football cheers, a band dance, and more, all of which will be performed during a game day routine at the end of the clinic. INST: EMILY HAMON

➤ **KD56F** - Sa, 10/22

➤ NPHS/Gyms ➤ 9 am-3 pm

➤ **Fee: \$60**

# WEATHER CANCELLATIONS

Inclement weather in the forecast? Make sure classes are still being held by tuning into:

- www.npenn.org
- Twitter @NPSD
- NPTV Comcast Channel 28/  
Verizon FIOS Channel 29
- KYW



# Dog Obedience

## Dog Obedience Training

Teach your dog to be a better companion through behavior-oriented exercises. Dogs learn to sit, lie down, stay, stand, heel (walk by your side w/o pulling), come when called and remain in control when approached/touched by a stranger. Motivation is stressed, correction/punishment is de-emphasized. Minimum age of dog is eight weeks.

➤ **LR17F.6** - Mo, 10/24-11/28 ➤ 6:45 pm

➤ **LR17F.1** - We, 10/26-11/30 ➤ 6:45 pm

➤ **LR17F7** - We, 10/26-11/30 ➤ 8 pm

➤ **LR17F.3** - Sa, 10/29-12/3 ➤ 1 pm

➤ **LR10W.3** - Mo, 12/12-1/16 ➤ 6:45 pm

➤ **LR10W.1** - We, 12/14-1/18 ➤ 6:45 pm

➤ **LR10W.2** - Mo, 12/12-1/16 ➤ 8 pm

➤ Molly's Country Kennels ➤ **Fee: \$195**

**THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH MOLLY'S COUNTRY KENNELS.** INST: ROSALIE COULTER

## Canine Good Citizen & Therapy Dog Training

For those who want to obtain the AKC Canine Good Citizen title for their dogs and also to certify their dogs with TDI: Therapy Dogs International. A maximum of six dogs and handlers will learn the skills needed to pass both tests, which will be given at the final class. Pre-requisite: Level I Obedience Training (puppy kindergarten is not sufficient).

➤ **LR18F** - Su, 10/30-12/4 ➤ 9 am

➤ Molly's Country Kennels ➤ **Fee: \$195**

# Summer Camp

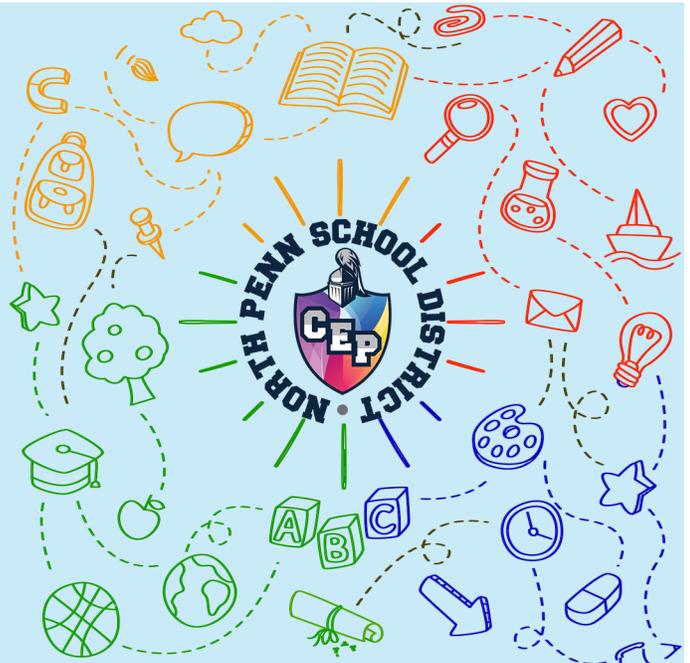
## COMMUNITY EDUCATION PROGRAM

**MORE INFORMATION COMING MARCH 2023**

Art • Aquatics

Discovery • Music • Sports

STEM • Theatre





# Arts & Crafts

## THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH HAGUE'S CHRISTMAS TREES.

Demonstration, materials, and hardware are provided. Bring hand pruners and garden gloves. Visit [www.hagueschristmastrees.com](http://www.hagueschristmastrees.com) for samples. Materials fee (mat) due at class to instructor.

### Evergreen Wreath

Create one of two 24" decorated evergreen wreaths that won state and national competitions. Decorated with Merry Christmas burlap bow/natural items or burgundy/gold theme.

- > AR28F - We, 11/30 > 7-9 pm
- > Hague's Christmas Trees > Fee: \$30+\$42 mat

### "Dog", "Horse Head" or "Rudolph" Wreath

Create a replica of a prize-winning decoration, "dog", "horse head" or "Rudolph" wreath. Learn to use a wooden form, greenery, ribbon and ornaments.

- > AR53F - We, 12/7 > 7-9 pm
- > Hague's Christmas Trees > Fee: \$30+ \$37 mat (Horse or Rudolph)
- > Fee: \$30+ \$27 mat (Dog)



### Greens- Filled Log Arrangement

Make an arrangement in a rustic wooden box using greens, cones, winterberry, bow and other decorations. Learn to make a bow and how to use other given materials.

- > AR12F - Tu, 12/13 > 7-9 pm
- > Hague's Christmas Trees > Fee: \$30+\$24 mat

### Table Top Christmas Tree Arrangement or Holiday Centerpiece

Create a centerpiece in an Oasis bowl using a candle, greens, cones, winterberry and other decorations OR a table-top Christmas tree arrangement (18" x 10" w) using an Oasis bowl, greens, bow and decorations.

- > AR11F - We, 12/14 > 7-9 pm
- > Hague's Christmas Trees > Fee: \$30+\$24 mat

## THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH NP ARTS ALLIANCE

### Abstract Painting

Learn new techniques and painting departures by experimenting with colors, defining shapes, and creating mark-making. Explore a series of artistic prompts/exercises such as word-inspired art; Richter-inspired squeegee paintings, and Kandinsky-inspired abstract shape paintings. Materials fee due first night to instructor. INST: COLLEEN BRAND

- > AR51F - We, 10/26-11/16
- > NPHS/J12 > 6-8 pm
- > Fee: \$60 > Mats Fee: \$25

### OIL/ACRYLICS (AGES 10+)

Beginning and skilled artists will learn basic oil painting techniques, color theory, composition and rules of perspective. Parents are required to attend the first class with school-aged children to get information regarding materials needed. INST: WILLIAM LETVENKO

- > AR20F (10+) - Sa, 10/1-12/10 (NC: 11/26)
- > NPHS/J17 > 11 am-1 pm
- > Fee: \$129

### Alcohol Inks Workshop

This mercurial, vibrant, wildly colorful medium is a fun way to jump start your creativity. Perfect for beginners or skilled artists, while creating one of a kind artwork great for framing and gift giving. Wear old clothes or bring a smock. Supply list will be provided. INST: BARBARA MOSS BUSCHER

- > AR90F - Mo, 10/18-10/25
- > NPHS/J18/J6 > 7-9 pm
- > Fee: \$48

### Neurographic Art (AGES 18+) - NEW

This meditative drawing process combines psychology and art and links your conscious and subconscious mind to create new neural pathways. By drawing smooth, controlled curves and smoothing out the edges, you will create a complex drawing that looks similar to neurons. Then, color. No previous drawing experience required. Bring painters tape, watercolor paper, fine line and ultra fine black sharpie markers (not oil based) and watercolors or colored pencils. May also bring white posca paint marker. INST: COLLEEN BRAND

- > AR94F.1 - Sa, 10/29
- > NPHS/J17 > 12:30-3:30 pm
- > Fee: \$30



[www.northpenncep.org](http://www.northpenncep.org)

## The Zentangle Method: Intro Level 1

The Zentangle® Method is an easy, relaxing way to create beautiful images by drawing patterns, called tangles, using simple strokes we already know! It gives a sense of focus, artistic satisfaction and personal wellness and requires no previous artistic experience. Materials fee due first night to instructor.

INST: DESIREE KUEMMERLE

- > AR93F.1 - Th, 9/22-10/6 > 6-8 pm
- > NPHS/K127 > Fee: \$54+\$20 mat

## The Zentangle Method: Let's Tangle Together - Level 2

Let's create a tile together, focusing on new tangles and methods in your Zentangle journey. Materials fee due to instructor.

INST: DESIREE KUEMMERLE

- > AR93F.2 - Th, 10/20 > 6-8 pm
- > NPHS/K127 > Fee: \$30+\$5 mat

## The Zentangle Method: The Opus Kaleidoscope - Level 3

Even more NEW Tangles and strings all combined create a tile you can turn into a Kaleidoscope. Materials fee due to instructor.

INST: DESIREE KUEMMERLE

- > AR93F.3 - Th, 11/3-11/17 > 6-8 pm
- > NPHS/K127 > Fee: \$54+\$5 mat



- Saturday, November 19, 2022
- 9:30 am-4:30 pm
- North Penn High School  
1340 Valley Forge Road  
Lansdale, PA 19446



Present this coupon at the admission gate for a \$1 admission discount off the \$6 individual admission price. One coupon per adult. Children 12 and under are free (no strollers). This outstanding show of traditional and contemporary work with 95 craft artists features pottery, jewelry, woodcarving, tin ware, baskets, folk art, furniture, ceramics, calligraphy, dolls and more. Lunch is available and parking is free. Sponsored by the North Penn International Friendship Committee. Proceeds benefit the North Penn High School International Youth Exchange Program.



## Continued Learning

### French I - Virtual

Using authentic materials and situations from French culture, learn fundamental vocabulary and simple grammar that will allow you to begin speaking and reading in the language immediately. Develop comprehension, practice pronunciation and learn about the culture in a relaxed, supportive (and fun!) atmosphere. This class is for beginners or for those who want to brush up on their French. INST: CYNTHIA KING

- > ED12F - We, 9/21-11/9
- > Virtual > 7-8 pm
- > Fee: \$72/GC: \$36

### American Mah Jongg: LEVEL 1

Learn this challenging, exciting game requiring skill and luck at a relaxed pace with opportunities to practice and learn strategies with coached and independent play. INST: SHEILA MAZZOLI

- > ED40F - Tu/Th, 10/6-10/25
- > ED40W - Tu/Th, 1/10-1/26
- > ESC/Faculty Dining Room > 6:30-8:30 pm
- > Fee: \$72/GC: \$36

### North Penn Singers

In our 51st year, our group of vocalists, varying in age, get together and sing, trying out many kinds of well-arranged music. Join us as we rehearse and perform for our community. INST: SONIA BANCROFT

- > ED41F - Tu, 9/6-12/13
- > Emmanuel EC Church > 7-8:30 pm
- > Fee: \$30

### Digital Photography: Introduction

Learn different camera modes for people, landscapes, sports, flowers, etc. Course includes a trip to Valley Forge Park on 10/8 and a night trip on 10/12. INST: LOU LIGUORI

- > PH10F - We, 9/21-10/19
- > NPHS/K125 > 7-9 pm
- > Fee: \$72/GC: \$37

# Discount Day SAVE 5%

Thursday,  
September 8, 2022

**In-person 2-5 pm**  
Community Education Office  
Educational Services Center  
401 East Hancock Street, Lansdale

**Online 2-8 pm**  
[www.northpenncep.org](http://www.northpenncep.org)  
Discount code: ONLINE%

A 5% discount will be given for registrations on these days only. Register and pay online by visiting [www.northpenncep.org](http://www.northpenncep.org) and entering the code ONLINE% between 2-8 pm. When registering in-person, forms should be completed and brought with payment. Registrations can be mailed in at any time but the 5% discount is not valid on mail-in registrations.



## Family and Community Engagement (FACE) Time

### English For Everyday: Adult Beginner ELD

Learn and use basic vocabulary for use at work, home and in the community. The programs and services provided by the school district and community will also be discussed. INST: ALICE MURPHY

- > ED105F - Tu, 9/20-11/29 > 6:30-8:30 pm
- > KN/Library > Fee: \$10

### Belonging in the NPSD

This session will review North Penn School District's efforts toward diversity, equity, inclusion and belonging during the 2022-2023 school year and give a broad overview of updated plans through a frame of belonging. District leaders will lead community members during the interactive session. INST: DR. D'ANA WATERS, MEGAN MCGEE AND DR. PAMULA HART

- > ED112F - Tu, 10/25 > 7-8:30 pm
- > ESC/Conf. Room A > Fee: FREE



[www.northpenncep.org](http://www.northpenncep.org)

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Inclement weather in the forecast? Make sure classes are still being held by tuning into:

- [www.npenn.org](http://www.npenn.org)
- Twitter @NPSD
- NPTV Comcast Channel 28/  
Verizon FIOS Channel 29
- KYW

## TRAINING THAT WORKS

- Career Training for Adults
- CDL Training and Testing  
*PennDot Certified Testing Site*
- Driver Training for High School Students  
*PA State Drivers Exam Included*



Technical Career Center  
Continuing Education

1265 Sumneytown Pike, Lansdale, PA 19446  
[www.nmtcc.org](http://www.nmtcc.org) | 215-855-3931



# Planetarium

All programs available for adults and children ages 5 and up. Children ages 5-12 must be accompanied by an adult. These guidelines do not indicate age appropriateness of the program. Telescope viewing and stargazing follows each program, weather permitting.

INST: JAMES BAUMAN, NPNS INSTRUCTOR

> NPNS Planetarium/C25

> Fee: \$11 Adults/\$9 students/GC: One free (if free GC class has not already been utilized this season.)

At brochure printing, times and programs are not finalized. Please visit [www.northpennncep.org](http://www.northpennncep.org) after September 1st for more information and to register.



Mark your calendar for NEW planetarium shows

- September 19, 2022
- October 17, 2022
- November 21, 2022
- December 19, 2022
- January 23, 2023



[www.northpennncep.org](http://www.northpennncep.org)

## Planetarium Update: NPSD Educational Foundation

One of a small number of high school planetariums in Pennsylvania, the North Penn High School Planetarium provides a unique, immersive learning experience. Prior to pandemic social distancing guidelines, the planetarium hosted 300+ yearly visits from NPSD elementary, middle and high school classes and welcomed 1,000+ visitors yearly through Community Education Programs, Scout troops, daycares, private schools and summer camps. Current Community Education Programs are resuming, with attendance currently limited to 35 of 57 seats, and are selling out.

However, the planetarium technology had become obsolete; with components failing and replacements no longer being manufactured. To address this need, the North Penn Educational Foundation provided more than \$40,000 as part of the funding needed to replace the current system with an all-digital projection system. The new equipment, with additional funding from North Penn School District, allows for the expansion of programming to reach more subject areas and bring in more community members, as pandemic restrictions lift.

The Foundation, a 501(c)(3) nonprofit founded in 1988, provided funding for the planetarium through donations that the Foundation received as part of Pennsylvania's Educational Improvement Tax Credit (EITC) Program. The EITC program provides tax credits to eligible businesses contributing to Scholarship Organization, and Educational Improvement Organization and/or Pre-Kindergarten Scholarship Organization. The Foundation is an approved Educational Improvement Organization (EIO) and can accept Educational Improvement Tax Credits (EITC).

To learn more about the NPSD Educational Foundation and how you can help provide other innovative opportunities, visit [www.npennedfoundation.org](http://www.npennedfoundation.org).



[www.npennedfoundation.org](http://www.npennedfoundation.org)

[facebook.com/NPSDEducationalFoundation](https://www.facebook.com/NPSDEducationalFoundation)

[twitter.com/NPSD\\_foundation](https://twitter.com/NPSD_foundation)

[instagram.com/northpenn\\_educationalfnd](https://www.instagram.com/northpenn_educationalfnd)

[linkedin.com/company/north-penn-educational-foundation](https://www.linkedin.com/company/north-penn-educational-foundation)

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### Extended School Care



7-9 am and/or 3:15-6 pm  
Extended School Care  
Assistants & Substitutes  
\$15.63/hour starting

Apply by calling  
215-853-1038

### School Nutrition Services



Flexible Hours  
School Nutrition  
\$15.31/hour starting

Apply by visiting  
[www.applitrack.com/npenn/onlineapp](http://www.applitrack.com/npenn/onlineapp)  
Click "Service Workers"

### Transportation



School Bus Drivers  
\$25.79/hour starting

Substitute Van Drivers \$17.55/hour  
Substitute Aides \$13.63/hour

Apply by visiting  
[www.applitrack.com/npenn/onlineapp](http://www.applitrack.com/npenn/onlineapp)  
Click "Service Workers"

# North Penn Community Education Program

401 E. Hancock Street | Lansdale, PA 19446 | 215-853-1029 | beigelg@npenn.org | www.northpenncep.org

- Online registration is available at [www.northpenncep.org](http://www.northpenncep.org)
- Mail registration to the Community Education Program with check, charge number or money order: Community Education Program, 401 E. Hancock St., Lansdale, PA 19446

Discount Day: Save 5%: Thursday, September 8  
In-person from 2-5 pm; Online from 2-8 pm enter discount code: ONLINE%

## REGISTRATION INFORMATION

- REGISTRANTS SHOULD ASSUME ACCEPTANCE UNLESS OTHERWISE NOTIFIED IN ALL CASES.
- REGISTER EARLY to avoid disappointment at [www.northpenncep.org](http://www.northpenncep.org). NO PHONE REGISTRATIONS will be accepted.
- Gold Card Registrations accepted in-person or by mail only.
- Payment can be made by check or money order made out to "North Penn Community Education" or with VISA/MASTERCARD.
- Return checks are subject to a \$30 Return Check Fee.
- For Planetarium visits with multiple registrants, please include a list of names with contact information along with payment.
- Enrollment verification will be sent via email when an email address is provided. Please print clearly.
- Refunds will not be made after the first class is held.
- There will be a \$10 non-refundable registration fee on all cancellations.
- Courses may be canceled when enrollment is insufficient. Registrants affected will be contacted for a full refund.
- Unless otherwise noted, classes are intended for adults 18 years or older.
- Not designed for high school or college credit.
- Cancellation of classes due to inclement weather is announced on:
  - [www.npenn.org](http://www.npenn.org)
  - Twitter @NPSD
  - NPTV Comcast Channel 28/Verizon FIOS Channel 29
  - KYW

## CLASS LOCATIONS

(ESC) Educational Services Center  
401 East Hancock Street, Lansdale, PA 19446

Freddy Hill Farm  
1440 Sumneytown Pike, Lansdale, PA 19446

Hague's Christmas Tree Farm  
755 Forty Foot Road, Hatfield, PA 19440

Indian Valley YMCA  
890 Maple Avenue, Harleysville, PA 19438

(KN) - Knapp Elementary  
698 Knapp Road, Lansdale, PA 19446

Lansdale YMCA  
608 E. Main Street, Lansdale, PA 19446

Molly's Country Kennel  
2205 Wentz Church Road, Lansdale, PA 19446

(NPHS) - North Penn High School  
1340 Valley Forge Road, Lansdale, PA 19446

(PB) - Pennbrook Middle School  
1201 North Wales Road, North Wales, PA 19454

(PF) - Pennfield Middle School  
726 Forty Foot Road, Hatfield, PA 19440



[www.northpenncep.org](http://www.northpenncep.org)

## COURSE ENROLLMENT FORM

Mail to: North Penn Community Education Program | 401 E. Hancock St., Lansdale, PA 19446

Activity: \_\_\_\_\_ Activity #: \_\_\_\_\_

Time: am/pm Day: Mo/Tu/We/Th/Fr/Sa/Su Fee: \$ Gold Card: Y/N Grade: \_\_\_\_\_  
(circle) (circle) (circle) (if Kids Class)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

**Waiver:** I/we hereby release the North Penn School District, and its employees, agents, or servants from any and all causes of action and claims for injury or damage arising out of participation of any Community Education Program courses/camps that I or my child(ren) have registered for. I acknowledge that I have been informed that serious injury, including catastrophic injuries, paralysis, or even death, even under careful supervision, can result from accidents during any of the NPSD Community Education courses/camps. Photography/video may be used from NPSD Community Education classes/courses. To opt out of photography/video release, please visit [www.npenn.org](http://www.npenn.org), "For Families" section, for a Publicity Refusal Form.

**NOTE:** Attach check or money order payable to: NORTH PENN COMMUNITY EDUCATION.

**ENROLLMENT VERIFICATION IS SENT VIA EMAIL.**

**There will be a \$10 non-refundable registration fee on all cancellations.**

VISA  Mastercard Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Card Number: \_\_\_\_\_  
Security Code: \_\_\_\_\_ Signature: \_\_\_\_\_



# COMMUNITY

## Education Program

401 East Hancock Street  
Lansdale, PA 19446

Non-Profit Organization  
U.S. Postage  
PAID  
Lansdale, PA 19446  
Permit NO. 286

## Gold Card Fall Highlights

- October 15 - NPMK Knight of Sound\*
- November 4 - Bux-Mont Intermediate Honors Chorus, PF 7 pm
- November 17, 18, 19 - NPHS Theater Fall Show 7:30 pm
- November 19 - Holiday Craft Market, NPHS\*
- November 20 - NPHS Theater Fall Show 2 pm
- December 15 - NPHS Winter Concert, 7 pm

\*Fees may be associated with event.

For all events please visit the online calendar at [www.npenn.org](http://www.npenn.org) or check the 2022-2023 activities calendar, available at the Office of School and Community Engagement.



### Outsmart Scammers

With incidents of fraud on the rise and scammers' tactics becoming more complex, you need to know how to protect yourself. Learn how to spot red flags that may indicate fraudulent behavior as well as understand the steps to take and resources to utilize if you've been targeted. INST: DUNCAN REED

- **FN36F** - Mo, 10/17
  - NPHS/K32
  - **Fee: \$30/GC: FREE**
- 6-8pm

### Protect What You Worked For

Learn strategies to help you guard your most valuable assets and protect your pre-retirement and post-retirement income. INST: DUNCAN REED

- **FN45F** - Mo, 11/14
  - NPHS/K32
  - **Fee: \$30/GC: FREE**
- 6-8pm

### Retirement: Making Your Money Last

Geared toward individuals retiring in the next ten years. Learn to effectively plan for retirement with consideration to strategies regarding social security, retirement accounts and preparing for the unexpected. INST: DUNCAN REED

- **FN39F** - Mo, 10/10
  - NPHS/K32
  - **Fee: \$30/GC: FREE**
- 6-8pm

### Medicare 101

Learn the current Medicare coverage options, the key points to consider and benefits and costs of each plan. INST: ANTHONY SPANGLER, CHFC, CLU, CASL

- **FN14F.1** - Mo, 10/3
  - **FN14F.2** - We 11/16
  - NPHS/K30
  - **Fee: \$30/GC: FREE**
- 7-8:30 pm

### Homebuyers Seminar

Explore programs, mortgages, ZERO money VA loans, navigating costs, inspections, investing, credit repair and more. Build equity and set roots down. INST: SUZI JANSSENS

- **FN10F.1** - Mo, 10/3
  - NPHS/K32
  - **Fee: \$30/GC: FREE**
- 7-9 pm

## WEATHER CANCELLATIONS

Inclement weather in the forecast?  
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The North Penn School District sponsored Community Education Program provides unlimited educational and recreational opportunities for residents of all ages. Support for the community school and aquatic program demonstrates that members of the board of school directors and district administrators are committed to community use of facilities.

**Superintendent:** Todd M. Bauer, Ed.D

#### Board of School Directors:

Tina Stoll (President);  
Christian D. Fusco (Vice President);  
Dr. Elisha K. Gee, Jonathan M. Kassa,  
Dr. Wanda Lewis-Campbell, Timothy MacBain,  
Juliane Ramic', Al Roesch, Cathy Wesley

#### Director of School & Community Engagement:

Christine Liberaski

#### Advertising and Marketing Specialist:

Erika Shaedle

Produced by the  
Office of School & Community Engagement

Promote your business or organization  
to the North Penn Community

Reserve your space now for the 2023-2024 Activities Calendar!

Activities Calendar | Community Education Catalogs  
E-Matters e-Newsletter | Signage & Banners



For information and pricing, contact Erika Shaedle at [shaedle@npenn.org](mailto:shaedle@npenn.org), call 215-853-1027 or visit [www.npenn.org/advantage](http://www.npenn.org/advantage).