



COMMUNITY

Education Program

Spring 2023



Just For Kids

Girls Lacrosse Clinic (Grades K-9)

Learn the fundamental of girls lacrosse. Focus will include proper throwing, catching and dodging techniques as well as advanced stickhandling, draws, checking, shooting and defensive footwork
INST: JAMI BEHM

- **KD59S** - Sa, 3/4
- NPHS/Turf
- **Fee: \$45**
- 9 am- 12 pm

Cheerleading Clinic (Grades K-6)

Join NP Cheerleading's stunt and cheer clinic. Learn sideline football cheers, stunting skills and a band dance, all of which will be incorporated into a game day routine. INST: EMILY HAMON

- **KD56S** - Sa, 4/22
- NPHS/Gym
- **Fee: \$60**
- 9 am-3 pm

Junior Golf (Ages 7-12)

Learn the basics of the golf swing, iron play, wood play, chipping and putting, rules of play and golf terminology. There is a \$12 fee for a bucket of balls paid to Freddy Hill daily. Clubs Available.
INST: MIKE DAVIS

- **KD54S.1** - Sa, 4/1-4/15
- **KD54S.2** - Sa, 4/22-5/6
- Freddy Hill Fun Center
- **Fee: \$45**
- 2-3 pm

THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH RED DRAGON MARTIAL ARTS INST: Master Eric Williams

Build Confidence (Ages 6+) - NEW

Build your confidence in our Bully Defense class. We will be utilizing traditional Taekwondo techniques in a real world atmosphere and situations geared towards helping your child defend themselves without being the aggressor by using their voice! Using fun exercises and team building games and techniques, we teach children how to be calm and collective and help them defend themselves properly and use their hands and feet as defensive helping tools and not weapons.

- Attend 1-3 sessions per week
- Choose from 3, 5, 7 or 9 week sessions
- Red Dragon Martial Arts
- **KD57S.1** - Mo, Tu, Th, 3/6-3/23
- 6-6:45 pm
- **Fee: \$70**
- **KD57S.2** - Mo, Tu, Th, 3/6-3/23
- 6:45-7:30 pm
- **Fee: \$70**
- **KD58S.1** - Mo, Tu, Th, 3/6-4/6
- 6-6:45 pm
- **Fee: \$130**
- **KD58S.2** - Mo, Tu, Th, 3/6-4/6
- 6:45-7:30 pm
- **Fee: \$130**
- **KD59S.1** - Mo, Tu, Th, 3/6-4/20
- 6-6:45 pm
- **Fee: \$180**
- **KD59S.2** - Mo, Tu, Th, 3/6-4/20
- 6:45-7:30 pm
- **Fee: \$180**
- **KD60S.1** - Mo, Tu, Th, 3/6-5/4
- 6-6:45 pm
- **Fee: \$210**
- **KD60S.2** - Mo, Tu, Th, 3/6-5/4
- 6:45-7:30 pm
- **Fee: \$210**



Baking & Cooking

THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH PADDY CAKES BAKE SHOP

Cupcake Decorating - NEW

Each registrant will receive six pre-made cupcakes to decorate and take home. Light snacks and water will be provided.

- Paddy Cakes Bake Shop
- 10 am-12 pm
- **Fee: \$30/registrant**

St. Paddy's Day Cupcakes (Ages 6+)
➤ **AE73S.1** - Sa, 3/11

Coffee & Cupcakes (Ages 2+)
➤ **AE74S.1** - Sa, 3/25

Easter Cupcakes (Ages 6+)
➤ **AE75S.1** - Sa, 4/1

Spring Colors Cupcakes (Ages 6+)
➤ **AE76S.1** - Sa, 4/15

Coffee & Cupcakes (Ages 2+)
➤ **AE77S.1** - Sa, 5/6

Mother's Day Cupcakes (Ages 6+)
➤ **AE78S.1** - Sa, 5/13

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Coding Camps & Classes

Registration for Spring Now Open Save \$25 with code **NORTH PENN**

- Engaging, Hands-On Projects
- Attend from Home! No Driving

800-213-2417
codewizardshq.com/afterschool



Sports & Fitness

Indoor Soccer For Adults

Friendly co-ed soccer, 5v5 and 6v6. All skill levels welcome. INST: KEVIN SMITH

- **SP12S.1** - Mo, 2/27-4/17 (NC: 2/20, 4/3)
- PF/Gym ➤ 7-8:30 pm
- **Fee: \$68**

- **SP12S.2** - We, 2/15-4/19 (NC: 4/5)
- PF/Gym ➤ 7-8:30 pm
- **Fee: \$78**

- **SP12S.3** - Mo/We, 2/27-4/19 (NC: 2/20, 4/3, 4/5)
- PF/Gym ➤ 7-8:30 pm
- **Fee: \$132**

Outdoor Soccer For Adults

Friendly co-ed soccer league with at least 9v9 play per side, subbing out frequently the more people that join. Have fun and meet new people. Ages range from high school to 60's. INST: JESSICA AKIYA

- **SP112S.2** - We, 5/3-8/30
- GN/Soccer Field ➤ 6:30-8:30 pm
- **Fee: \$99**

Basketball For Adults

Calling all basketball players for recreational play. New pickup teams compete each week in "call your own rules" play. INST: ANDREW THOMPSON

- **SP13S** - We, 2/22-4/19 (NC: 4/5)
- PB/Gym ➤ 7-9 pm
- **Fee: \$83**

Golf For Adults

Learn the basics of golf - iron play, wood play, chipping and putting, rules of play & golf terminology. There is a \$12 fee for a bucket of balls paid to Freddy Hill daily. Clubs available. INST: MIKE DAVIS

- Freddy Hill Fun Center ➤ 5:45-6:45 pm
- **Fee: \$45**

- **SP28S.1** - Tu, 3/28-4/11
- **SP28S.2** - Th, 3/30-4/13
- **SP28S.3** - Tu, 4/18-5/2
- **SP28S.4** - Th, 4/20-5/4

THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH THE INDIAN VALLEY AND/OR THE LANSDALE YMCA

All In One

A full body workout that has strengthening for all body parts and low impact cardiovascular.

- **SP102S.1** - Tu, 2/28-4/18
- Indian Valley YMCA ➤ 8-9 am
- **Fee: \$60/GC: \$30**

AOA Ball Stability

Focus balance and core strengthening basics. Chair may be used.

- **SP89S** - Mo, 2/27-4/17
- Indian Valley YMCA ➤ 10:45-11:30 am
- **Fee: \$54/GC: \$27**

AOA Body Toning

Incorporates weights, balls, elastic bands and other equipment with cardiorespiratory fitness and core exercise to strengthen the entire body. Involves prolonged standing and some floor work.

- **SP30S.1** - Tu, 2/28-4/18
- Lansdale YMCA ➤ 10:30-11:20 am
- **Fee: \$54/GC: \$27**

AOA Cardio Tone

Standing, low-impact choreography alternated with standing upper body strength work with hand-held weights, elastic tubing with handles and a ball. A chair is welcome for standing support.

- **SP96S.1** - Th, 3/2-4/20
- Indian Valley YMCA ➤ 9:30-10:15 am
- **Fee: \$54/GC: \$27**

Boom N' Groove

Dance inspired workout to challenge cardio fitness with easy-to-follow movement patterns.

- **SP104S.1** - Th, 3/2-4/20
- Indian Valley YMCA ➤ 10:30-11 am
- **Fee: \$48/GC: \$24**

Cardio Kickboxing - Kick & Tone

Kickboxing interval alternates between kickboxing and strength training. You will get a kickboxing workout along with intervals of toning. Truly an all body workout with both cardio and strength training. All levels welcome.

- **SP81S.1** - We, 3/1-4/19
- Indian Valley YMCA ➤ 8:15-9:15 am
- **Fee: \$60/GC: \$30**
- **SP81S.2** - Fr, 3/3-4/21
- Lansdale YMCA ➤ 9:30-10:25 am
- **Fee: \$60/GC: \$30**

Cardio Step Tone

Not Your Traditional Step Class! Get ready for this fun, total body workout that incorporates Step Aerobics and Strength Training into 1 workout.

- **SP90S.1** - Tu, 2/28-4/18
- Lansdale YMCA ➤ 5:30-6:25 pm
- **Fee: \$60/GC: \$30**

Cycling

Work out on stationary bikes, climb hills, sprint and race in a group setting. New riders and cycling enthusiasts welcome.

- **SP29S.2** - Mo, 2/27-4/17
- Lansdale YMCA ➤ 5:30-6:35 pm
- **Fee: \$60/GC: \$30**

Fast & Furious (INT/ADV)

A bootcamp style class that includes high energy cardio intervals mixed with strength training exercises.

- **SP86S.1** - Sa, 3/4-4/22
- Lansdale YMCA ➤ 10-11 am
- **Fee: \$60/GC: \$30**

Gentle Yoga

This class begins with breath work to warm up the body and settle the mind, then will move into mindful movements, balancing and stretching, ending with a little time to yourself. Bring a well cushioned mat and wear comfortable clothing.

- **SP78S.1** - We, 3/1-4/19
- Indian Valley YMCA ➤ 12-12:45 pm
- **Fee: \$60/GC: \$30**

Glide & Tone

Use the provided gliders on your feet to move across the floor for cardio workout.

- **SP106S.1** - We, 3/1-4/19
- Indian Valley YMCA ➤ 11-11:45 am
- **Fee: \$54/GC: \$27**

HIIT (INT/ADV)

HIIT is a rigorous interval training sequence with high intensity exercises. HIIT gets and keeps your heart rate up and burns more fat in less time. This is a total body workout with lots of burn.

- **SP105S.1** - Tu, 2/28-4/18
- Lansdale YMCA ➤ 6:30-7:25 pm
- **Fee: \$60/GC: \$30**

Latin Heat

This class is hot, hot hot! Burn calories while shaking up your workout through Latin-fused dance moves and music. Tabata and Toning are included so get ready to sweat and sculpt. Weights and mats may be used. All Levels welcome.

- **SP82S.1** - Th, 3/2-4/20
- Lansdale YMCA ➤ 6:30-7:25 pm
- **Fee: \$60/GC: \$30**



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Les Mills Body Balance®

Ideal for everyone. A yoga-based class that improves your mind, body, and life. During BODY BALANCE™, an inspired soundtrack plays as you bend and stretch through a series of simple yoga moves and embrace elements of Tai Chi and Pilates.

➤ **SP65S.1** - We, 3/1-4/19

➤ Indian Valley YMCA ➤ 6-7 pm

➤ **Fee: \$60/GC: \$30**

➤ **SP65S.4** - Sa, 3/4-4/22

➤ Indian Valley YMCA ➤ 9:15-10:15 am

➤ **Fee: \$60/GC: \$30**

Les Mills BODYPUMP®

BODYPUMP is the original barbell workout for anyone looking to get lean, toned and fit - fast.

➤ **SP21S.1** - Tu, 2/28-4/18

➤ Indian Valley YMCA ➤ 6-7 pm

➤ **Fee: \$60/GC: \$30**

➤ **SP21S.2** - We, 3/1-4/19

➤ Lansdale YMCA ➤ 6-7 pm

➤ **Fee: \$54/GC: \$27**

Pickleball - Intermediate-Advanced

Focus on the intermediate to advanced pickleball shots and concepts (such as spin, shot angle, and court positioning) using fun and interactive drills to practice and improve your game.

➤ **SP100S.1** - Th, 3/2-4/20

➤ Indian Valley YMCA ➤ 12-1:30 pm

➤ **Fee: \$88/GC: \$44**

Pilates

Stretch, strengthen and lengthen your entire body with the main focus being on abs and back. All levels welcome.

➤ **SP20S.1** - Th, 3/2-4/20

➤ Lansdale YMCA ➤ 6-6:55 pm

➤ **Fee: \$60/GC: \$30**

Pilates With a Pop

Barre meets Pilates. Combine the dynamic, dance-inspired movements of Barre with the lengthening, strengthening exercises of mat Pilates.

➤ **SP88S.1** - Tu, 2/28-4/18

➤ Lansdale YMCA ➤ 10:30-11:25 am

➤ **Fee: \$60/GC: \$30**

Pure Strength

Designed to build strength, add definition, increase your bone density and decrease your body fat by increasing your lean muscle.

➤ **SP84S.1** - Th, 3/2-4/20

➤ Lansdale YMCA ➤ 10:30-11:20 am

➤ **Fee: \$60/GC: \$30**

Silver Sneakers Circuit™

Silver Sneakers Circuit Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles and a Silver Sneakers ball is alternated with non-impact aerobics choreography.

➤ **SP110S.1** - Fr, 3/3-4/21

➤ Indian Valley YMCA ➤ 9:30-10:30 am

➤ **Fee: \$60/GC: \$30**

Silver Sneakers Splash™

This aqua aerobics and strength class offers a high-energy workout that reduces impact on your knees and back. Non-swimmers welcome.

➤ **SP111S.1** - Fr, 3/3-4/21

➤ Indian Valley YMCA ➤ 10 am-10:45 am

➤ **Fee: \$54/GC: \$27**

Strong

For fitness enthusiasts looking for a more challenging HIIT workout. The music is crafted to drive the intensity in a challenging progression that provides a total body workout. Using your own body weight, gain muscular endurance, tone, and definition and experience an increased afterburn.

➤ **SP83S.1** - Mo, 2/27-4/17

➤ Lansdale YMCA ➤ 9:30-10:20 am

➤ **Fee: \$60/GC: \$30**

Tabata Boot Camp (INT/ADV)

Very intense form of interval training! Short bursts of cardiovascular drills combined with strength exercises. Great for athletes and individuals looking for a challenge! Don't forget your towel, water and yoga mat.

➤ **SP74S.1** - Mo, 2/27-4/17

➤ Indian Valley YMCA ➤ 9:30-10:30 am

➤ **Fee: \$60/GC: \$30**

Tai Chi

A series of gentle physical exercises and stretches. Each posture flows into the next without pause, ensuring that your body is in constant motion. Tai Chi is one of the most effective exercises for health of mind and uses slow movements and deep breaths.

➤ **SP22S.1** - We, 3/1-4/19

➤ Lansdale YMCA ➤ 11:30 am-12:20 pm

➤ **Fee: \$54/GC: \$27**

Vinyasa Flow Yoga

Release stress, increase flexibility and build strength while moving at a steady pace through yoga postures.

➤ **SP108S.1** - Mo, 2/27-4/17

➤ Lansdale YMCA ➤ 10:30-11:20 am

➤ **Fee: \$60/GC: \$30**

➤ **SP108S.2** - Fr, 3/3-4/22

➤ Lansdale YMCA

➤ 10:30-11:20 am

➤ **Fee: \$60/GC: \$30**

Walking to the Oldies

Join a walking workout to the music of the 60's, 70's and 80's. This is a safe alternative to walking outside led by a group exercise instructor. This class also incorporates some weight bearing and balancing exercises.

➤ **SP101S.1** - Fr, 3/3-4/21

➤ Indian Valley YMCA ➤ 8-9 am

➤ **Fee: \$60/GC: \$30**

Yin & Yang Yoga

Yin and Yang Yoga is a fusion of 2 different styles of Yoga: Yin Yoga and Hatha Yoga. It looks for balance between the 'yin' representing the moon – slow, dark, passive, cold, with the 'yang' representing the sun – fast, light, dynamic, hot. This yoga fusion helps to bring balance of the masculine and feminine energies within the self.

➤ **SP92S.1** - Mo, 2/27-4/17

➤ Indian Valley YMCA ➤ 6-7 pm

➤ **Fee: \$60/GC: \$30**

Yoga

Yoga is mind and body practice. Learn various styles of yoga combining fast and slow rhythms that tone and sculpt the body. Bring a well cushioned mat and wear comfortable clothing.

➤ **SP77S.1** - Su, 2/26-4/16

➤ Lansdale YMCA ➤ 10-11 am

➤ **Fee: \$60/GC: \$30**

Zumba

A fitness program that combines Latin and International music with dance moves, alternating fast and slow rhythms to improve cardiovascular fitness.

➤ **SP24S.1** - Mo, 2/27-4/17

➤ Indian Valley YMCA ➤ 6-7 pm

➤ **Fee: \$60/GC: \$30**



www.northpenncep.org



Family and Community Engagement (FACE) Time

English for Everyday:

Adult Beginner ESL/ELD

Learn and use basic vocabulary for use at work, home and in the community. Programs and services provided by the school district and community will also be discussed. INST: ALICE MURPHY

- ED105S - Tu, 3/21-6/6
- KN/Library
- Fee: \$10
- 6:30-8:30 pm

Meeting the Diverse Needs of our Students: A Special Focus on our English Language Learners

This session is designed to provide an overview of the population of English Language Learners in our schools, the structure of our program in grades K-12, and the supports and tools provided to the students and families that strengthens their connections to and engagement within the schools and the larger North Penn community.

PRESENTERS: ANDREA BOWERS, RACHEL EARLEY AND LAUREN MICHENER

- ED113S - We, 3/8
- ESC/Conf. Room A
- Fee: FREE; registration is required
- 7-8:15 pm



Arts & Crafts

The Zentangle Method: Intro

The Zentangle® Method is an easy, relaxing way to create beautiful images by drawing patterns, called tangles, using simple strokes we already know! It gives a sense of focus, artistic satisfaction and personal wellness and requires no previous artistic experience. Materials fee due first night.

INST: DESIREE KUEMMERLE

- AR93S.1 - Th, 4/13-4/27
- NPHS/K127
- Fee: \$54
- 6-8 pm
- Mats Fee: \$20

The Zentangle Method: Single Tile - Dingsplatz, Level 2

Let's create a tile together, focusing on new tangles and methods in your Zentangle journey! Materials fee due first night.

INST: DESIREE KUEMMERLE

- AR93S.4 - Th, 5/4
- NPHS/K127
- Fee: \$30
- 6-8 pm
- Mats Fee: \$5

THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH NP ARTS ALLIANCE

Abstract Painting

Learn new techniques and painting departures by experimenting with colors, defining shapes, creating mark-making. Explore a series of artistic prompts/exercises such as word-inspired art; Richter-inspired squeegee paintings and Kandinsky-inspired abstract shape paintings. Materials fee due first night.

INST: COLLEEN BRAND

- AR51S - We, 4/19-5/10
- NPHS/J12
- Fee: \$60
- 6-8 pm
- Mats Fee: \$25

Oil/Acrylics - Ages 10+

Beginning and skilled artists will learn basic oil painting techniques, color theory, composition and rules of perspective. Parents are required to attend the first class with school-aged children to get information regarding materials needed.

INST: WILLIAM LETVENKO

- AR20S - Sa, 2/25-5/13
- NPHS/J7
- Fee: \$121
- 11 am-1 pm

Alcohol Inks Workshop

This mercurial, vibrant, wildly colorful medium is a fun way to jump start your creativity. Perfect for beginners or skilled artists, while creating one of a kind artwork great for framing and gift giving. Wear old clothes or bring a smock. Supply list will be provided. INST: BARBARA MOSS BUSCHER

- AR90S - Mo, 4/24-5/1
- NPHS/J18/J6
- Fee: \$48
- 7-9 pm

Neurographic Art - Ages 18+

This meditative drawing process combines psychology and art and links your conscious and subconscious mind to create new neural pathways. By drawing smooth, controlled curves and smoothing out the edges, we will create a complex drawing that looks similar to neurons. Then add color! No previous drawing experience required. Bring to class: painters tape, watercolor paper, sharpie markers (not oil based) and watercolors or colored pencils. Optional: white posca paint marker. INST: COLLEEN BRAND

- AR94S.1 - Sa, 4/29
- NPHS/J7
- Fee: \$30
- 12:30-3:30 pm

Discount Day: SAVE 5%

Thursday, February 9, 2023

In-person 2-5 pm

Community Education Office
Educational Services Center
401 East Hancock Street, Lansdale

Online 2-8 pm

www.northpenncep.org
Discount code: ONLINE%

A 5% discount will be given for registrations on these days only. Register and pay online by visiting www.northpenncep.org and entering the code ONLINE% between 2-8 pm. When registering in-person, forms should be completed and brought with payment. Registrations can be mailed in at any time but the 5% discount is not valid on mail-in registrations. Discount not valid on Aquatics registrations.

FIND WEATHER RELATED CANCELLATIONS ON

- www.npenn.org
- Twitter @NPSPD
- NPTV Comcast Channel 28/
Verizon FIOS Channel 29
- KYW Radio

10TH ANNUAL IRONKNIGHT TRIATHLON

May 20, 2023
(rain date of May 21st)

7:30 am - 4 pm
(division start times vary)

Open to North Penn elementary school students. Divisions are as follows:

K-2, 3-4, 5-6

Top three girl & boy division finishers receive an IRONKnight trophy.
All participants receive a t-shirt.

Participants provide their own equipment; helmets required for biking.

REGISTRATION ENDS 4/10!

Visit www.npenn.org/for_families/iron_knights_triathlon for registration and payment information.

For more information, contact your student's Physical Education teacher.



Dog Obedience

THE FOLLOWING CLASSES ARE OFFERED IN PARTNERSHIP WITH MOLLY'S COUNTRY KENNELS. INST: ROSALIE COULTER

Molly's Country Kennels Fee: \$195

Dog Obedience Training

Teach your dog to be a better companion through behavior-oriented exercises. Dogs learn to sit, lie down, stay, stand, heel (walk by your side w/o pulling), come when called and remain in control when approached/touched by a stranger. Motivation is stressed, correction/punishment is de-emphasized. Minimum age of dog is eight weeks.

- LR17S.6 - Mo 2/20-3/27 ➤ 6:45 pm
- LR17S.1 - We 2/22-3/29 ➤ 6:45 pm
- LR17S.3 - Sa 2/25-4/1 ➤ 1 pm
- LR16S.2 - Mo 4/17-5/22 ➤ 6:45 pm
- LR16S.1 - We 4/19-5/24 ➤ 6:45 pm
- LR16S.5 - We 4/19-5/24 ➤ 8 pm
- LR16S.3 - Sa 4/22-5/27 ➤ 1 pm

Canine Good Citizen

For those who want to obtain the Canine Good Citizen (CGC) title for their dogs. A maximum of six dogs and handlers will learn the skills needed to pass the CGC test. The test will be given at the final class. Pre-requisite: Level I Obedience Training (puppy kindergarten is not sufficient).

- LR18S.1 - Su, 4/23-5/28
- Molly's Country Kennels ➤ 9 am
- Fee: \$195

Therapy Dog International

For those wanting to have their dogs certified as Therapy Dogs. It will teach a maximum of six dogs and handlers skills to pass the TDI test. The TDI test will be given at the final class. Pre-requisite: Canine Good Citizen Certified.

- LR19S.1 - We, 2/22-3/29
- Molly's Country Kennels ➤ 8 pm
- Fee: \$195



Aquatics

FOR SPRING 2023 NORTH PENN AQUATICS LEARN-TO-SWIM LESSONS VISIT

www.npenn.org/aquatics
www.teamunify.com/manpac



Continued Learning

North Penn Singers

Love to sing? In our 50th year, our group of vocalists, varying in age, get together and sing, trying out many kinds of well-arranged music. Join us as we rehearse and perform for our community. INST: SONIA BANCROFT

- ED41S - Tu, 1/31-5/30
- Emmanuel EC Church ➤ 7-8:30 pm
- Fee: \$30

American Mah Jongg: Level 1

Learn this challenging and exciting game requiring skill and luck at a relaxed pace with opportunities to practice and to learn strategies with coached and independent play. INST: SHEILA MAZZOLI

- ED40S - Tu/Th, 3/14-4/4 (NC: 3/16)
- ESC/Dining Room ➤ 6:30-8:30 pm
- Fee: \$72/GC: \$36 ➤ Mats Fee: \$15

VIRTUAL CLASSES

Exploring Spanish 1

As an introduction to speaking Spanish, you will learn fundamental vocabulary and simple grammar that will allow you to begin speaking basic conversations and reading simple passages. We will also explore the culture of Spanish-speaking countries. INST: JENNIFER AINGE

- ED15S.1 - We, 3/8-5/3
- Virtual ➤ 7-8:30 pm
- Fee: \$74/GC: \$36

French I

Using authentic materials and situations from French culture, learn fundamental vocabulary and simple grammar that will allow you to begin speaking and reading in the language immediately. Develop comprehension, practice pronunciation and learn about the culture in a relaxed, supportive (and fun!) atmosphere. This class is for beginners or for those who want to brush up on their French. INST: CYNTHIA KING

- ED12S - Tu, 2/21-4/11
- Virtual ➤ 7-8 pm
- Fee: \$58/GC: \$30

COMMUNITY EDUCATION PROGRAM

Summer Camp

**MORE INFORMATION
COMING MARCH 2023**

Art • Aquatics • Cooking
Discovery • Music • Sports
STEM • Theatre



Homebuyers Seminar

Learn about homebuying during the current market. We will explore programs, mortgages, Zero Money VA Loans, navigating costs, inspections, investing, credit repair and more.

INST: SUZI JANSSENS

- **FN10S.1** - Mo, 3/6
- NPHS/K30
- **Fee: \$30/GC: Free**

Fundamentals of Estate Planning & Taxation

Estate planning applies to everyone, not just the wealthy. Learn the seven important topics that affect the majority of families: Probate and Trusts; Estate Taxes; Income Taxes; Protection from Creditors; Divorce/Remarriage; Incapacity; and Gifting and Gift Tax.

INST: MICHAEL MENNINGER, CFP

- **FN47S.1** - We, 3/22
- NPHS/K30
- **Fee: \$30/GC: Free**

Retirement: Making Your Money Last

Geared toward individuals retiring in the next ten years, learn to effectively plan for retirement with consideration to strategies regarding social security, retirement accounts and preparing for the unexpected. INST: DUNCAN REED, CFP®, AAMS®

- **FN39S** - Mo, 4/10
- NPHS/K30
- **Fee: \$30/GC: Free**

TRAINING THAT WORKS

• Career Training for Adults

• CDL Training and Testing
PennDot Certified Testing Site

• Driver Training for High School Students
PA State Drivers Exam Included



Technical Career Center
Continuing Education

1265 Sumneytown Pike, Lansdale, PA 19446
www.nmtcc.org | 215-855-3931

Medicare 101

Learn the current Medicare coverage options, the key points to consider and benefits and costs of each plan. INST: ANTHONY SPANGLER, CHFC, CLU, CASL

- **FN14S.1** - We, 3/29
- **FN14S.2** - We, 4/12
- NPHS/K30
- **Fee: \$30/GC: Free**

Outsmart the Scammers

With incidents of fraud on the rise and scammers' tactics becoming more complex, you need to know how to protect yourself. Learn how to spot certain red flags that may indicate fraudulent behavior as well as understand the steps to take and resources to utilize if you or your loved ones are targeted. INST: DUNCAN REED, CFP®, AAMS®

- **FN30S** - Mo, 4/17
- NPHS/K30
- **Fee: \$30/GC: Free**

Standing Guard: Protect What You Worked For

Are you approaching retirement or recently retired? Learn strategies to help you guard your most valuable assets and protect your pre-retirement and post-retirement income. INST: DUNCAN REED, CFP®, AAMS®

- **FN45S** - Mo, 4/24
- NPHS/K30
- **Fee: \$30/GC: Free**

You already like North Penn . . .
why not work here?

Extended School Care



7-9 am and/or 3:15-6 pm
Extended School Care
Assistants & Substitutes
\$15.63/hour starting

Apply by calling
215-853-1038

School Nutrition Services



Flexible Hours
School Nutrition
\$15.31/hour starting

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www.applitrack.com/npenn/onlineapp
Click "Service Workers"

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Substitute Bus Drivers \$22.85/hour
Substitute Van Drivers \$17.55/hour
Substitute Aides \$13.63/hour

Apply by visiting
www.applitrack.com/npenn/onlineapp
Click "Service Workers"

North Penn Community Education Program

401 E. Hancock Street | Lansdale, PA 19446 | 215-853-1029 | beigelg@npenn.org | www.northpenncep.org

- Online registration is available at www.northpenncep.org
- Mail registration to the Community Education Program with check, charge number or money order: Community Education Program, 401 E. Hancock St., Lansdale, PA 19446

Discount Day: Save 5%: Thursday, February 3 & Monday, February 7, 2023
In-person from 2-5 pm; Online from 2-8 pm enter discount code: ONLINE%

REGISTRATION INFORMATION

- REGISTRANTS SHOULD ASSUME ACCEPTANCE UNLESS OTHERWISE NOTIFIED IN ALL CASES.
- REGISTER EARLY to avoid disappointment at www.northpenncep.org. NO PHONE REGISTRATIONS will be accepted.
- Gold Card Registrations accepted in-person or by mail only.
- Payment can be made by check or money order made out to "North Penn Community Education" or with VISA/MASTERCARD.
- Return checks are subject to a \$30 Return Check Fee.
- Enrollment verification will be sent via email when an email address is provided. Please print clearly.
- Refunds will not be made after the first class is held.
- There will be a \$10 non-refundable registration fee on all cancellations.
- Courses may be canceled when enrollment is insufficient. Registrants affected will be contacted for a full refund.
- Unless otherwise noted, classes are intended for adults 18 years or older.
- Not designed for high school or college credit.
- Cancellation of classes due to inclement weather is announced on:
 - www.npenn.org
 - Twitter @NPSD
 - NPTV Comcast Channel 28/Verizon FIOS Channel 29
 - KYW Radio

CLASS LOCATIONS

(ESC) Educational Services Center
401 East Hancock Street, Lansdale, PA 19446

Freddy Hill Farm
1440 Sumneytown Pike, Lansdale, PA 19446

Indian Valley YMCA
890 Maple Avenue, Harleysville, PA 19438

Lansdale YMCA
608 E. Main Street, Lansdale, PA 19446

Molly's Country Kennel
2205 Wentz Church Road, Lansdale, PA 19446

NPHS - North Penn High School
1340 Valley Forge Road, Lansdale, PA 19446

Paddy Cakes Bake Shop
115 W. Montgomery Avenue, North Wales, PA 19446

PD - Penndale Middle School
400 Penn Street, Lansdale, PA 19446

PF - Pennfield Middle School
726 Forty Foot Road, Hatfield, PA 19440

Red Dragon Martial Arts
1150 Bethlehem Pike, Unit C6, Hatfield, PA 19440

COURSE ENROLLMENT FORM

Mail to: North Penn Community Education Program | 401 E. Hancock St., Lansdale, PA 19446

Activity:		Activity #:		
Time: _____ (circle)	Day: Mo/Tu/We/Th/Fr/Sa/Su (circle)	Fee: \$ _____	Gold Card: Y/N (circle)	Grade: _____ (if Kids Class)
Name: _____		Date of Birth: _____		
Address: _____		City: _____		Zip: _____
Phone: _____	Cell: _____	Email: _____		

Waiver: I/we hereby release the North Penn School District, and its employees, agents, or servants from any and all causes of action and claims for injury or damage arising out of participation of any Community Education Program courses/camps that I or my child(ren) have registered for. I acknowledge that I have been informed that serious injury, including catastrophic injuries, paralysis, or even death, even under careful supervision, can result from accidents during any of the NPSD Community Education courses/camps. Photography/video may be used from NPSD Community Education classes/courses. To opt out of photography/video release, please visit www.npenn.org, "For Families" section, for a Publicity Refusal Form.

I agree to follow all COVID requirements in effect at the time of class.

NOTE: Attach check or money order payable to: NORTH PENN COMMUNITY EDUCATION.

ENROLLMENT VERIFICATION IS SENT VIA EMAIL. There will be a \$10 non-refundable registration fee on all cancellations.

☐ VISA ☐ Mastercard

Exp. Date: ____/____/____

Card Number: _____

Security Code: _____

Signature: _____



COMMUNITY
Education Program
401 East Hancock Street
Lansdale, PA 19446

Non-Profit Organization
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Permit NO. 286

Gold Card Spring Highlights

- 4/26 NPHS Theatre Gold Card Show Matinée
- 4/27-4/29 NPHS Theater Show, 7:30 pm
- 4/30 NPHS Theatre Show, 2 pm
- 5/9 NPHS Orchestra Concert, 7 pm
- 5/18 NPHS Band Concert 7 pm
- 5/25 NPHS Chorus Concert, 7 pm

*Fees may be associated with event.

For all events please visit the online calendar at www.npenn.org or check the 2022-2023 activities calendar, available at the Office of School & Community Engagement. Gold Card questions, call 215-853-1029.



Planetarium

All programs available for adults and children ages 5 and up. Children ages 5-12 must be accompanied by an adult. These guidelines do not indicate age appropriateness of the program. Live StarTalk, telescope viewing and stargazing follows, weather permitting. **INST: JAMES BAUMAN, NPHS**

> NPHS Planetarium/C25

> 7:30-8:30 pm

> Fee: \$11 Adults/\$9 Students/GC: One free (if free GC class has not already been utilized this season.)

Forward to the Moon!

Kari Byron from *Crash Test World* and *Myth Busters* launches us on a journey beyond the Earth towards a sustainable future in space. NASA's 21st century The Artemis program, named after the Greek Moon Goddess and twin of Apollo, is the next step in our mission to explore the universe and land the first woman and person of color on the surface of the Moon. Produced by Fiske Planetarium in collaboration with TEND Studio with funding from NASA SSERVI and Lockheed Martin.

> SK375.1 - Mo, 2/27 (adults)

> SK375.2 - Mo, 2/27 (students)

Celestial Highlights of the Spring Sky

Learn how Leo the Lion roars through our Spring sky. We will also discover many other Spring constellations and deep sky objects.

> SK115.1 - Mo, 3/20 (adults)

> SK115.2 - Mo, 3/20 (students)

Phantom of the Universe

"Phantom of the Universe" showcases an exciting

exploration of dark matter, from the Big Bang to its anticipated discovery at the Large Hadron Collider. The show reveals the first hints of its existence through the eyes of Fritz Zwicky, the scientist who coined the term "dark matter." It describes the astral choreography witnessed by Vera Rubin in the Andromeda galaxy and then plummets deep underground to see the most sensitive dark matter detector on Earth, housed in a former gold mine. From there, it journeys across space and time to the Large Hadron Collider at CERN, speeding alongside particles before they collide in visually stunning explosions of light and sound, while learning how scientists around the world are collaborating to track down the constituents of dark matter.

> SK315.1 - Mo, 4/17 (adults)

> SK315.2 - Mo, 4/17 (students)

Celestial Highlights of the Summer Sky

Discover how to find our Milky Way and the many wonders it holds. You will also learn how to find the Summer Triangle and Scorpius the Scorpion.

> SK135.3 - Mo, 5/15 (adults)

> SK135.4 - Mo, 5/15 (students)



The North Penn School District sponsored Community Education Program provides unlimited educational and recreational opportunities for residents of all ages. Support for the community school and aquatic program demonstrates that members of the board of school directors and district administrators are committed to community use of facilities.

Superintendent: Todd M. Bauer, Ed.D

Board of School Directors:

Tina Stoll (President);
Christian D. Fusco (Vice President);
Dr. Elisha K. Gee, Jonathan M. Kassa,
Dr. Wanda Lewis-Campbell, Timothy MacBain,
Juliane Ramic', Al Roesch, Cathy Wesley

Director of School & Community Engagement:

Christine Liberaski

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